**Establish Network Worksheet**

Use this worksheet to as a brainstorming exercise to create a list of prospective networking contacts for your job search. Remember that anyone can be a great networking contact, not just people in your profession. You will utilize your networking contacts for a source of support, advice, referrals to other networking contacts, and job leads.

**Current/Most Recent Colleagues**

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| **Name** | **Company** | **Title** | **Email** | **Phone** | **Notes** |
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**Current/Most Recent Vendors or Business Relationships**

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**Past Colleagues**

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**Past Vendors or Business Relationships**

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**College Peers/Alumni/Faculty**

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**Professional Affiliations**

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**Interest Groups/Hobbies**

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**Volunteer Relationships**

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**Community Groups**

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**Religious Groups**

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**Family**

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**Friends**

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**Neighbors**

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**Sports Teams or Recreational Groups**

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**Centers of Influence (Health Care Professionals, Real Estate Professionals, Lawyers, Personal Care Professionals, Financial Professionals)**

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**Other ideas**

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